



Stručni centar
za prevenciju
ovisnosti

Godišnji izvještaj za 2025.

Annual Report 2025



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Uvodna riječ

Introduction

Prethodnu godinu ispratili smo s osjećajem ponosa i zahvalnosti, svjesni da je iza nas razdoblje intenzivnog rada, rasta i vidljivih društvenih rezultata. U tom kontekstu započeli smo i važnu tranziciju – promjenu naziva iz Udruženja za prevenciju ovisnosti NARKO-NE u Stručni centar za prevenciju ovisnosti, koja predstavlja i komunikacijsku i suštinsku poruku jasnijeg razumijevanja naše misije, vizije i stručnog identiteta. Kao neovisna nevladina organizacija ostali smo otvoreni za suradnju sa svim razinama vlasti, institucijama i organizacijama u Bosni i Hercegovini i šire, djelujući kao partner, ali i odgovoran korektiv u razvoju sustava prevencije. Kroz programe u porodici, školi, slobodnom vremenu mladih, radnom mjestu i makrookruženju dosljedno smo gradili modele koji spajaju stručnost, partnerstva i mjerljivu provedbu. Posebno smo osnažili školsko okruženje kroz razvoj životnih i socio-emocionalnih vještina djece te kroz intervencije koje su obuhvatile stotine učenika i uključile nastavnike i volontere u kontinuiran, podržavajući rad. Poseban naglasak stavljen je na stručnost, evaluaciju i standardizaciju preventivnih intervencija, kao i na povezivanje znanosti i prakse kroz edukacije, istraživanja, zagovaranje i umrežavanje.

Vođeni vrijednostima prevencije, solidarnosti, stručnosti i kontinuiranog rasta, nastavili smo osnaživati pojedince i zajednice, gradeći partnerstva i razvijajući održive modele djelovanja koji unapređuju kvalitetu života u društvu, što smo nastojali predstaviti ovim Godišnjim izvještajem. Uz zahvalu svim volonterima i partnerima, u novu godinu ulazimo fokusirani na daljnju standardizaciju i osiguranje kvalitete, širenje dokazanih programa i regionalnu suradnju ali i nastavak suradnje s našim lokalnim partnerima sa željom za još većim zajedničkim doprinosom zdravijoj i sigurnijoj budućnosti Bosne i Hercegovine.

We concluded the previous year with a sense of pride and gratitude, aware that behind us is a period of intense work, growth, and visible social results. In this context, we have also begun an important transition – changing the name from the Association for Addiction Prevention NARKO-NE to the Competence Centre for Addiction Prevention, which represents both a communication and an essential message of a clearer understanding of our mission, vision, and professional identity. As an independent non-governmental organisation, we have remained open to cooperation with all levels of authorities, institutions, and organisations in Bosnia and Herzegovina and beyond, acting as a partner, but also a responsible corrective in the development of the prevention system. Through programmes in the family, school, youth leisure, workplace, and macro-setting, we have consistently built models that connect expertise, partnerships, and measurable implementation. We have especially strengthened the school setting through the development of children's life and socio-emotional skills and through interventions that have reached hundreds of students and involved teachers and volunteers in continuous, supportive work. Special focus is placed on expertise, evaluation, and standardization of preventive interventions, as well as on connecting science and practice through education, research, advocacy, and networking.

Guided by the values of prevention, solidarity, expertise, and continuous growth, we continued to empower individuals and communities, building partnerships and developing sustainable models of action that improve the quality of life in society, which we sought to present in this Annual Report. With gratefulness to all volunteers and partners, we enter the new year focused on further standardization and quality assurance, expansion of proven programmes and regional cooperation, but also continued cooperation with our local partners, desiring to make an even greater joint contribution to a healthier and safer future for Bosnia and Herzegovina.

Bruno Grebenar,
Član Upravnog
odбора/Steering
Board member



Naš tim

Our Team



Amir Hasanović

MA prevencije ovisnosti i nasilja
Izvršni direktor
MA in Addiction and Violence
Prevention
Executive Director

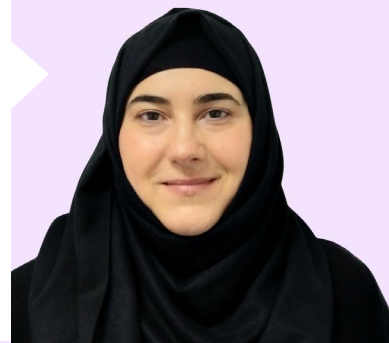
Andrea Mijatović

Dipl. psihologinja
Zamjenica izvršnog direktora
Graduated Psychologist
Deputy Executive Director



Alma Hadžiskakić

Dipl. socijalna radnica
**Stručna saradnica za
program prevencije u
porodici**
Graduated Social Worker
Expert Associate for Family
Prevention Programmes



Mirela Geko

**Koordinatorica programa
"Stariji brat, starija sestra"**
Coordinator of the "Big Brother, Big
Sister" Programme



Azra Halilović

MA socijalnog rada
**Stručna saradnica za
program prevencije u
lokalnim zajednicama i
medijima**
MA of Social Work
Expert Associate for Local
Community and Media
Prevention Programmes



Sanela Pekić

Magistrica društvenih nauka iz
područja socijalne pedagogije
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program prevencije u školi**
MSc of Social Sciences in
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Expert Associate for School
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Ileana Šnur-Muratagić

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Kerima Delibašić

MA psihologije
**Stručna saradnica za
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Prevention Programmes



Ajna Maličbegović

BA psihologije
**Asistent u programima za
makrookruženje**
BA of Psychology
Assistant in Macro-setting
Programmes





Siniša Baljo

Profesor razredne nastave,
sistemski porodični terapeut
**Stručni saradnik za
istraživanja, monitoring i
evaluaciju**

Elementary School Teacher,
Systemic Family Therapist
**Expert Associate for Research,
Monitoring and Evaluation**



Aida Šehagić

Studentica psihologije
**Stručna saradnica za
finansije**

Psychology Student
Finance Expert Associate

Hanan Kabahija

**Asistentica za finansije i
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Assistant for Finance and
Administration



Ermin Bašaškić

BA socijalnog rada
**Asistent na programu "Stariji
brat, starija sestra"**

BA of Social Work
**Assistant in the "Big Brother,
Big Sister" Program**



Anisa Čelik Raščić

MA psihologije
**Asistentica na programima
u mikrookruženju**

MA of Psychology
**Program Assistant of
Macrosetting**



Jovana Perović

BA psihologije
Projektna asistentica

BA of Psychologist
Project Assistant

Predsjednik skupštine/President of the Assembly: Tarik Smailbegović, Federalno ministarstvo rada i socijalne politike, Sarajevo/*Federal Ministry of Work and Social Policy*

Upravni odbor/Steering Board:

Predsjednica upravnog odbora/President of the Steering Board: Mr. Ivona Čelebić

Zamjenica predsjednice upravnog odbora/Deputy President: Sanja Horvat, Caritas Bosne i Hercegovine/*Caritas Bosnia and Herzegovina*

Član upravnog odbora/Member: Fra Stipan Radić, Franjevački samostan sv. Ante Bistrik/*Saint Anthony Franciscan Monastery - Bistrik*

Članica upravnog odbora/Member: Marija Grabovac, Općina Vitez/*Vitez Municipality*

Član upravnog odbora/Member: Bruno Grebenar, Osnovna škola/*Primary School* 13. rujan, Jajce

Vizija i misija

Vizija

Budućnost Bosne i Hercegovine u kojoj je prevencija temelj zdravijeg i sigurnijeg društva.

Misija

Stručni centar za prevenciju ovisnosti sprečava rizična ponašanja među djecom, mladima i odraslima u BiH, povezujući prevencijsku nauku i praksu putem obuke, mentorstva, istraživanja, zagovaranja i umrežavanja.

VRIJEDNOSTI I PRINCIPI

- Prevencija ovisnosti i unapređenje zdravlja
- Volonterizam i neformalno obrazovanje
- Kvalitet života pojedinca i društva
- Stručnost i inovativnost
- Umrežavanje
- Kontinuiran rast i dosljednost

Vision and Mission

Vision

A future for Bosnia and Herzegovina in which prevention is the foundation of a healthier and safer society.

Mission

The Competence Centre for Addiction Prevention prevents risky behaviors among children, youth, and adults in Bosnia and Herzegovina by connecting prevention science and practice through training, mentorship, research, advocacy, and networking.

VALUES AND PRINCIPLES

- Addiction prevention and health improvement
- Volunteerism and non-formal education
- Quality of life of the individual and the society
- Expertise and innovation
- Networking
- Continuous growth and consistence

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Snažne porodice

Osnažujemo ključne kvalitete porodica i smanjujemo učestalost pojave ponašanja poput ovisnosti.

Zašto ovaj program?

Promjenom porodičnih i roditeljskih procesa podržavamo razvojni put djece i mladih, porodicama omogućavamo zajedničko uvježbavanje vještina koje će im pomoći da odgovore na različite situacije, brinu se jedni o drugima i ohrabruju jedni druge.

Tokom 2025. godine program *Snažne porodice* je realizovan u sedam zajednica u Federaciji Bosne i Hercegovine i to u: Brezi, Kalesiji, Livnu, Maglaju, Sarajevu, Tuzli i Zenici. Program je provelo ukupno 44 do sada obučena saradnika. Od ovog broja, 19 saradnika je obučeno tokom 2025. godine. Program je realizovan kroz 22 ciklusa obuke uz učešće 240 porodica, 247 roditelja (208 majki i 39 očeva) i 217 djece (102 dječaka i 115 djevojčica).

Održano je 28 monitoring sastanaka koordinatorice Stručnog centra za prevenciju ovisnosti sa obučanim saradnicima koji su provodili program.

U Sarajevu je 8. maja organizovana 3. Konferencija „Prevencija u porodičnom okruženju“, na kojoj je učestvovalo 56 stručnjaka iz oblasti socijalne zaštite, obrazovanja, zdravstva i nevladinog sektora.

Evalucijski nalazi i iskustva s terena potvrđuju potrebu za sistematizacijom preventivnih programa, posebno imajući u vidu da su porodice suočene s izraženim socio-ekonomskim izazovima i nedostatkom dostupnih dugoročnih usluga podrške.

Stečena znanja, vještine i iskustva omogućavaju obučanim saradnicima samostalnu realizaciju programa u lokalnim zajednicama, dok je za dugoročnu finansijsku održivost i dalje potrebna kontinuirana donatorska i institucionalna podrška.

Za narednu godinu planirano je proširenje programa na područje novih zajednica obzirom da je za to već iskazan interes stručnjaka iz drugih dijelova Bosne i Hercegovine.

Primijetila sam da su roditelji, nakon provedenog programa Snažne porodice, opremljeni alatima za praćenje i razumijevanje porodičnih interakcija i aktivnosti u slobodnom vremenu svoje djece, da postaju sigurniji u svoju sposobnost da donose odluke. Shvatili su koliko je važno biti proaktivan, sprečavajući situacije da eskaliraju u veće društvene probleme ili probleme u ponašanju. Tokom radionica, roditelji su osvijestili značaj prepoznavanja svog stresa i uticaj koji imaju na djecu.

Melisa Grahić, bachelor socijalnog rada i psihoterapeut u superviziji, Tuzla



Strong Families

We strengthen the key qualities of families and reduce the frequency of addiction-like behaviour.

The purpose of this Programme

By changing the family and parental processes, we support the development path of children and youth, and we enable families to mutually practice the skills that will help them respond to different situations, care for each other, and encourage each other.

During 2025, the *Strong Families* programme was implemented in seven communities in the Federation of Bosnia and Herzegovina, including: Breza, Kalesija, Livno, Maglaj, Sarajevo, Tuzla, and Zenica. The programme was implemented by 44 trained associates. Of this number, 19 associates completed their training during 2025. The programme was implemented through 22 training cycles with the participation of 240 families, 247 parents (208 mothers and 39 fathers), and 217 children (102 boys and 115 girls).

The coordinator of the Competence Centre for Addiction Prevention had 28 monitoring meetings with trained associates who implemented the programme. On 8 May 2025, the 3rd Conference "Prevention in the Family Setting" was organised in Sarajevo, with the participation of 56 experts from the fields of social protection, education, health, and the non-governmental sector.

Evaluation findings and experience from the field confirm the need for systematisation of prevention programmes, especially having in mind that families are faced with pronounced socio-economic challenges and a lack of available long-term support services.

The acquired knowledge, skills, and experience enable trained associates to independently implement programmes in local communities, while long-term financial sustainability still requires continuous support of donors and institutions.

For next year, expansion of the programme to new communities is planned, as experts from other parts of Bosnia and Herzegovina have already expressed interest in it.

I have noticed that after implementing the 'Strong Families' programme, parents are equipped with tools to monitor and understand their children's family interactions and leisure activities, and they become more confident in their ability to make decisions. They realized how important it is to be proactive, preventing situations from escalating into larger social or behavioural problems. During the workshop sessions, parents became aware of the importance of recognizing their stress and the impact they have on children.

Melisa Grahić, Bachelor of Social Work and psychotherapist in supervision, Tuzla





240

Broj uključenih porodica

Families included



247

Roditelji uključeni u
program

*Parents included in the
programme*



217

Djeca uključena u
program

*Children included in the
programme*



19

Novi saradnici educirani
u 2025.

*Newly trained associates in
2025*



12

Broj partnerskih organizacija
uključenih u realizaciju programa

*Partnership organisations in
the programme implementation*



22

Ukupan broj
realizovanih ciklusa

Cycles implemented



28

Održani monitoring
sastanci

*Monitoring meetings
held*



56

Učesnici konferencije „Prevenција
u porodičnom okruženju“

*Participants in the conference
Prevention in the Family setting*



Lokacija / Location

*Breza, Kalesija, Livno, Maglaj,
Sarajevo, Tuzla, Zenica*

Odrastimo zajedno

Razvoj životnih vještina kod djece

Zašto ovaj program?

Odrastimo zajedno je program koji jača socio-emocionalne i životne vještine djece uzrasta 6–10 godina kao što su rješavanje problema, donošenje odluka, komunikacija, empatija i upravljanje emocijama. Program se provodi u okviru nastave i doprinosi zdravom razvoju ličnosti i otpornosti djece.

Program *Odrastimo zajedno* u Kantonu Sarajevo se provodi već petu godinu, kontinuirano od 2021/2022. školske godine.

Program se realizuje kroz radionice integrisane u redovnu nastavu i časove odjeljenske zajednice u IV razredu.

Monitoring susreti i evaluacije učinka programa pokazuju da je kod djece vidljiv napredak u razvoju komunikacijskih vještina, uvažavanju tuđeg mišljenja i generalnom jačanju samopoštovanja kao temelja za prevenciju ovisnosti.

U školskoj 2024/2025. godini u realizaciju programa uključeno je 6 novih škola koje nisu bile uključene prethodne školske godine. Obučena su 32 nova učitelja iz ukupno 12 osnovnih škola, a program je realizovalo 40 učitelja u 11 osnovnih škola.

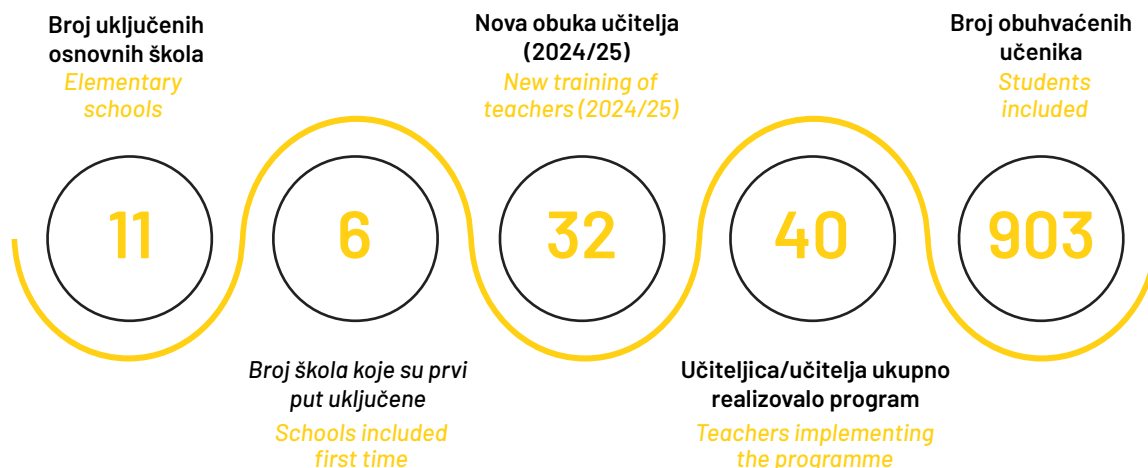
U ovoj godini je programom *Odrastimo zajedno* obuhvaćeno 903 učenika od I do IV razreda. Za realizaciju programa u školskoj 2025/2026. godini prijavljeno je 28 učitelja iz Kantona Sarajevo koji će proći planiranu obuku u januaru 2026. godine.

Lokacija: Kanton Sarajevo

Ciljna grupa-uzrast djece: djeca 6–10 godina

Location: Sarajevo Canton

Target group-Children's age: aged between 6 and 10



Let's Grow Up Together

Development of life skills in children

The purpose of this Programme

By changing the family and parental processes, we support the development path of children and youth, and we enable families to mutually practice the skills that will help them respond to different situations, care for each other, and encourage each other

The *Let's Grow Up Together* Programme is being implemented for the fifth consecutive year in the Sarajevo Canton, continuously since the school year 2021/2022.

The programme is implemented through workshop sessions integrated in regular lessons and Class Teacher Period in the fourth grade.

Monitoring meetings and evaluations of the programme's impact show a visible progress of children in developing communication skills, respecting other people's opinions, and generally strengthening self-esteem as the foundation for addiction prevention.

Six new schools, which were not included last year, were introduced in the implementation of this programme in the school year 2024/25. Training for 32 new teachers from 12 elementary schools was provided, and 40 teachers implemented this programme in 11 elementary schools. The *Let's Grow Up Together* Programme included a total of 903 students from first to fourth grade. In the Sarajevo Canton, 28 teachers applied for programme implementation in the school year 2025/2026, and they are to attend a scheduled training in January 2026.



Zvijezde vodilje

Podrška učenicima osnovne škole u učenju, razvoju vještina i usmjerenju na zdrave izbore.

Zašto ovaj program?

Zvijezde vodilje je preventivni program koji jača obrazovne i životne kapacitete djece i mladih kroz podršku u učenju, razvoj radnih i socijalnih vještina te promociju zdravih stilova života. Program pomaže učenicima da unaprijede školski uspjeh i odgovorno ponašanje.

Program *Zvijezde vodilje* je tokom 2025. godini realizovan je u saradnji s pet osnovnih škola u Kantonu Sarajevo, s fokusom na prevenciju ovisnosti u školskom okruženju.

Tokom godine provedeno je 114 edukativnih radionica sa djecom. Za grupu učenika kojima je bila potrebna dodatna podrška organizovano je i preko 50 sati podrške učenju. Ukupno 332 učenika/učenica su dobili direktnu podršku od strane volontera. Program je realizovalo 23 volontera/volonterki (22 djevojke i 1 mladić). Volonteri su prošli uvodnu obuku, tri grupna savjetodavna sastanka i tri radionice „rada na sebi” i dobili priručnik za rad s djecom, a nakon intervencija kod djece je, prema zapažanjima nastavnika i uposlenika škole, zabilježen porast znanja, jača timska kohezija u razredima i veće razumijevanje oblasti prevencije ovisnosti.

Evaluacija programa provedena s volonterima i nastavnicima pokazuje snažan društveni učinak uz minimalne troškove koji su se odnosili gotovo isključivo na materijal za rad i osvježenje, ali je prepoznata i potreba za daljim razvojem sadržaja i prilagođavanjem učenicima s teškoćama. Pedeset posto volontera je nastavilo volontirati i u narednom ciklusu, što ukazuje na visoku motivaciju i zadovoljstvo programom.

Radionice realizovane od strane volontera Stručnog centra za prevenciju ovisnosti u okviru Programa „Zvijezde vodilje” provedene su u ugodnoj i poticajnoj atmosferi, uspješno su realizovane, s vrlo pozitivnim učinkom na učenike... Djeca su aktivno učestvovala u svim planiranim aktivnostima, pokazala interesovanje za teme koje su obrađivane te su se slobodno uključivala u razgovor i zadatke.

Azra Jakupović, prof. OŠ „Hasan Kikić”

Lokacija: Kanton Sarajevo

Ciljna grupa-uzrast djece: 12 do 15 godina

Location: Sarajevo Canton

Target group-Children's age: aged between 12 and 15

23

Broj učenika koji su završili ciklus volontiranja

Students who completed the volunteering cycle

5

Broj uključenih osnovnih škola

Elementary schools included

114

Edukativne radionice za djecu

Educational workshops for children

50

Broj sati podrške učenju

Hours of learning support

332

Broj obuhvaćenih učenika

Students included

Guiding Stars

Support for elementary school students in learning, developing skills, and focusing on healthy choices

The purpose of this Programme

Guiding Stars is a preventive programme that strengthens the educational and life capacities of children and youth through support in learning, development of work and social skills, and promotion of healthy lifestyles. The programme helps students improve their academic performance and responsible behaviour.

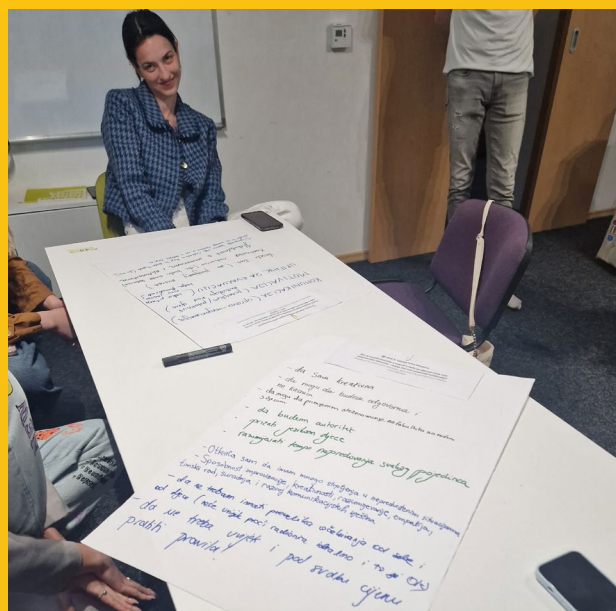
In 2025, the *Guiding Stars* programme was implemented in cooperation with five elementary schools of the Sarajevo Canton, focusing on addiction prevention in the school setting.

During this year, 114 educational workshops were implemented with children. A group of students who needed additional support had 50 hours of learning support organised. A total of 332 students received direct support from volunteers. The programme was implemented by 23 volunteers (22 girls and 1 boy). Volunteers had introductory training, three group counselling meetings, and three "self-care" workshops, and received a manual for working with children. After the interventions, observations of teachers and school employees suggest children's increased knowledge, stronger team cohesion in classes, and greater understanding of the addiction prevention field.

An evaluation of the programme conducted with volunteers and teachers shows a strong social impact with minimal costs that related almost exclusively to materials for work and refreshments, but the need for further development of content and adaptation to students with disabilities was also recognised. Fifty percent of volunteers continued to volunteer in the following cycle, which indicates high motivation and satisfaction with the programme.

The workshops implemented by volunteers of the Competence Centre for Addiction Prevention within the framework of the "Guiding Stars" Programme were conducted in a pleasant and stimulating atmosphere, were successfully implemented, with a very positive effect on the students... The children actively participated in all scheduled activities, showed interest in the covered topics, and freely joined in the conversation and tasks.

Azra Jakupović, A Teacher, Elementary School "Hasan Kikić"



Ko zapravo pobjeđuje?

Prevenција kockanja među srednjoškolicima kroz razvoj kritičkog mišljenja

Zašto ovaj program?

Ko zapravo pobjeđuje? je naučnozasnovani preventivni program usmjeren na smanjenje rizika od kockanja među mladima kroz jačanje znanja, kritičkog mišljenja i socio-emocionalnih vještina. Program pomaže učenicima da prepoznaju manipulativne poruke industrije igara na sreću i da donose informisane, odgovorne odluke, što doprinosi dugoročnoj prevenciji ovisnosti.

U Kantonu Sarajevo je osposobljeno 14 stručnjaka provođenje programa za provedbu programa, a program je uvršten u Katalog registrovanih programa u KS. U Kantonu Sarajevo program je realizovan u 20 srednjih škola i obuhvatio je ukupno 2.304 učenika, 158 nastavnika i 369 roditelja.

U Tuzlanskom kantonu je obučeno 11 novih prevoditelja iz 8 škola. U toku školske 2024/2025. i 2025/2026. godine programskim aktivnostima je obuhvaćeno 385 učenika iz 10 srednjih škola. U Zeničko-dobojskom kantonu obučena su 22 uposlenika Instituta za zdravlje i sigurnost hrane Zenica, koji su program pilotirali u četiri osnovne škole s učenicima IX razreda, obuhvativši 171 učenika.

Ukupno je kroz tri kantona programom direktno obuhvaćeno više od 2.860 učenika, uz značajan broj nastavnika i roditelja uključenih kroz interaktivna predavanja. Na predavanjima su roditelji i nastavnici upoznati s rizicima povezanim s kockanjem i kladenjem, te svojom ulogom u prevenciji ovih rizičnih ponašanja.

Realizovano je osam radionica po razredu, uz uvodni motivacijski susret, a svaka aktivnost je praćena evaluacijskim listama i pre/post testiranjem učenika. Koordinator projekta su održali monitoring sastanke u Sa-

rajevu i Tuzli te evaluacijski sastanak sa provoditeljima i partnerima (Institut za razvoj preduniverzitetskog obrazovanja, Pedagoški zavod Tuzlanskog kantona, Institut za zdravlje i sigurnost hrane Zenica).

Održivost je osigurana kroz saglasnosti resornih ministarstava i činjenicu da obučeni provoditelji nastavljaju program u svojim školama. Program *Ko zapravo pobjeđuje?* pokazao je snažan potencijal za dugoročno smanjenje rizika od kockanja među mladima i dalje širenje na nove kantone.

Program je pokazao preventivni efekat jer je kod učenika podstakao promjenu stavova, jačanje odgovornog ponašanja i razvijanje vještina donošenja odluka. Također je doprinio osnaživanju učenika u prepoznavanju rizičnih situacija i otvorenijim razgovorom o ovoj temi, što predstavlja važan korak u prevenciji razvoja problema vezanih za kockanje u adolescentnom periodu.

Mubina Mešić, pedagog, JUMSS „Hasan Kikić“ Gradačac



Who Really Wins?

Prevention of gambling among secondary school students through the development of critical thinking.

The purpose of this Programme

Who Really Wins? is a science-based prevention programme directed at reducing the risk of gambling among young people by strengthening knowledge, critical thinking, and socio-emotional skills. The programme helps students recognise the manipulative messages of the gaming industry and make informed, responsible decisions, which contributes to long-term addiction prevention.

In the Sarajevo Canton, 14 experts were trained to implement this programme, which was included in the Catalogue of Registered programmes in Sarajevo Canton. In the Sarajevo Canton, the programme was implemented in 20 secondary schools, covering a total of 2,304 students, 158 teachers, and 369 parents.

In Tuzla Canton, 11 new implementers from 8 schools were trained. During the school years 2024/2025 and 2025/2026, 385 students from 10 secondary schools were included in the programme activities. In the Zenica-Doboj Canton, 22 employees of the Institute for Health and Food Safety Zenica were trained, and they piloted the programme in four elementary schools with students of the 9th grade, covering 171 students.

Overall, more than 2,860 students were directly covered by the programme through three cantons, with a significant number of teachers and parents included through interactive lectures. At the lectures, parents and teachers were introduced to the risks associated with gambling and betting, and their role in the prevention of these risky behaviours.

Eight workshops per class were held, with an introductory motivational meeting, and each activity was accompanied by evaluation lists and pre/post testing of students. Project coordinators had monitoring meetings in Sarajevo and Tuzla, and an evaluation meeting with implementers and partners (Institute for the Development of Pre-University Education, Pedagogical Institute of Tuzla Canton, Institute for Health and Food Safety Zenica).

Sustainability is provided through obtaining the approval of the competent ministries and the fact that trained implementers continue the programme in their schools. The *Who Actually Wins* Programme showed strong potential for long-term reduction of gambling risks among young people and further expansion to other cantons.

The programme reflected a preventive effect because it encouraged students to change their attitudes, strengthen responsible behaviour, and develop decision-making skills. It also contributed to empowering students in recognizing risky situations and talking more openly about this topic, which is an important step in preventing the development of gambling problems in adolescence.

Mubina Mešić, A Pedagogue, Public Institution Mixed Secondary School "Hasan Kikić"



Lokacija: Kanton Sarajevo, Tuzlanski kanton, Zeničko-dobojski kanton

Ciljna grupa-uzrast djece: Djeca od IX osnovne do II razreda srednje škole

Location: Sarajevo Canton, Tuzla Canton, Zenica-Doboj Canton

Target group-Children's age: Children from the 9th grade of elementary school until the 2nd grade of secondary school

Obuka u KS	14 stručnjaka
Realizacija u KS	20 srednjih škola
Broj obuhvaćenih učenika u KS	2.304
Obuka u TK	11 stručnjaka
Realizacija u TK	10 srednjih škola
Broj obuhvaćenih učenika u TK	385
PILOT u ZDK	22 stručnjaka
Realizacija u ZDK	4 osnovne škole (IXrazred)
Broj obuhvaćenih učenika u ZDK	171

Training in the Sarajevo Canton	14 experts
Implementation in the Sarajevo Canton	20 secondary schools
Students included in the Sarajevo Canton	2.304
Training in the Tuzla Canton	11 experts
Implementation in the Tuzla Canton	10 secondary schools
Students included in the Tuzla Canton	385
Training in the Zenica-Doboj Canton	22 experts
Pilot in the Zenica-Doboj Canton	4 elementary schools (9th grade)
Students included in the Zenica-Doboj Canton	171

Licencirani edukatori u BiH
Licensed educators in Bosnia and Herzegovina

7

Broj obuhvaćenih nastavnika u KS
Teachers included in the Sarajevo Canton

158

Broj obuhvaćenih roditelja u KS
Parents included in the Sarajevo Canton

369

Ukupan broj obuhvaćenih učenika
Total number of students included

2860

Stariji brat, starija sestra

Mentorska podrška djeci u riziku kroz siguran, podržavajući odnos s volonterima

Zašto ovaj program?

Stariji brat, starija sestra je mentorski program koji povezuje djecu u riziku s obučanim volonterima kako bi im pružio stabilnu podršku, pozitivne modele ponašanja i osjećaj pripadnosti, jača socijalne i emocionalne vještine djece, doprinosi razvoju njihovog samopouzdanja i smanjuje rizik od socijalne isključenosti.

Program *Stariji brat, starija sestra* tokom 2025. godine realizovan je u Sarajevu s ciljem pružanja kontinuirane mentorsko-emocionalne podrške djeci iz ranjivih kategorija, djevojčicama i dječacima uzrasta od 6 do 14 godina. Na javni poziv za volontiranje pristiglo je 78 prijava, a u program je uključeno 36 volonterki i formirano isto toliko mentorskih parova. U programu je u 2025. godini učestvovala pretežno ženska volonterska grupa.

Realizovane su redovne mjesečne tematske radionice i savjetodavni sastanci sa volonterkama, grupne aktivnosti, individualna druženja kao i ljetni izlet sa djecom koji je dodatno osnažio odnose unutar mentorskih parova. Program je proveden uz aktivnu saradnju s *Kantonalnim centrom za socijalni rad Sarajevo*, *Domom za djecu bez roditeljskog staranja* i Udruženjem *Dajte nam šansu*, koji su upućivali djecu i učestvovali u praćenju njihovog napretka.

Older Brother, Older Sister

Mentoring support to children at risk through a safe, supportive relationship with volunteers

The purpose of this Programme

Older Brother, Older Sister is a mentoring programme that connects children at risk with trained volunteers to provide them with stable support, positive behaviour models, and a sense of belonging, strengthens children's social and emotional skills, contributes to the development of their self-confidence, and reduces the risk of social exclusion

The *Older Brother, Older Sister* programme was implemented in Sarajevo in 2025 with the aim of providing continuous mentoring and emotional support to children from vulnerable categories, girls and boys aged from 6 to 14. The public call for volunteering received 78 applications, and 36 female volunteers are included in the programme, and the same number of mentoring pairs were formed. A predominantly female volunteer group participated in the programme in 2025.

Regular monthly specialised workshops and advisory meetings with volunteers, group activities, individual socializing, as well as a summer trip with children, were implemented, which additionally strengthened the relationships within the mentoring pairs. The programme was implemented in active cooperation with the *Cantonal Centre for Social Work Sarajevo*, the *Home for Children Without Parental Care Sarajevo*, and the Association *Give Us a Chance*, which referred the children and participated in monitoring their progress.

Evaluacija se provodi od strane *Fondacije Stariji brat, starija sestra* i prati i pokazuje napredak kod djece na individualnom nivou ali i napredak kod volontera u smislu osnaživanja njihovih vještina, te je utvrđeno da su očekivanja ispunjena u oblastima odnosa djeteta sa volonterom, učešća djece u različitim obrazovnim i kulturnim događajima i razvoju djetetovog doživljaja samog sebe. U oblastima organizacije i korištenja slobodnog vremena i društveno poželjnih ponašanja nije bilo pogoršanja.

Iako *Stručni centar za prevenciju ovisnosti* osigurava dvije trećine sredstava neophodnih za realizaciju programa, tokom godine unaprijeđena su i partnerstva s kulturnim i privatnim sektorom i osigurana podrška kroz besplatan ulaz i besplatne obroke za pojedine aktivnosti, a posebno je potrebno pomenuti *Muzej ratnog djetinjstva, Zemaljski muzej i Pozorište mladih*.

Program Stariji brat, starija sestra mi je važan jer mi omogućava da budem sigurna i topla prisutnost u životu djeteta. Kroz naše druženje gradimo povjerenje, osjećaj pripadnosti i prostor u kojem se dijete može osjećati prihvaćeno i viđeno. Za mene kao volonterku, ovaj program predstavlja lični rast i podsjetnik koliko mali, dosljedni gestovi mogu imati veliki značaj. Kao benefit programa vidim obostranu vrijednost, gdje dijete dobija stabilnu podršku, a ja iskustvo koje me obogaćuje i jača moj osjećaj odgovornosti i empatije.

Fatima Ahatović, volonterka (26)

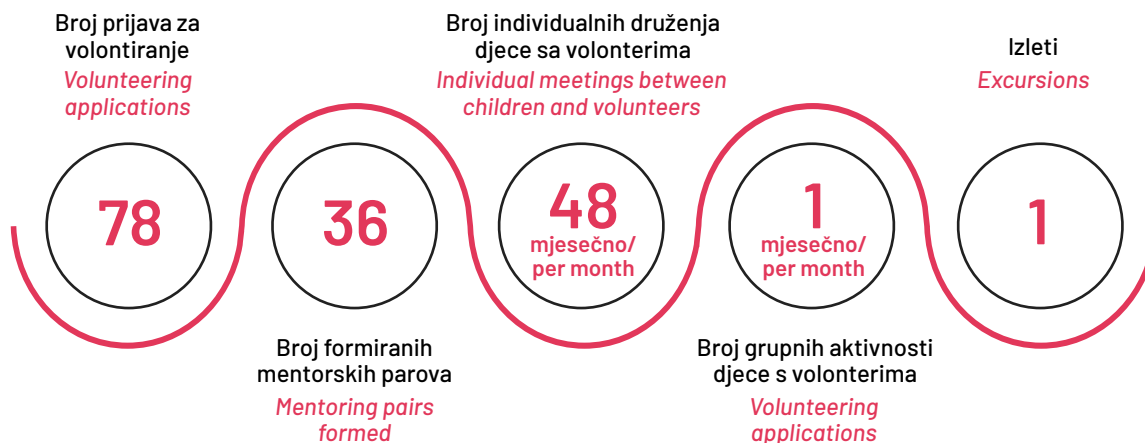
Program Stariji brat, starija sestra je važan za našu djecu jer im je omogućio prostor u kojem su oni u fokusu, što ponekad nemaju zbog odrastanja uz brata ili sestru s teškoćama. Kroz odnos s volonterom dobili su priliku za bezbrižno druženje, emocionalnu podršku i razvoj samopouzdanja, uz iskustvo da su njihove potrebe, interesovanja i osjećaji jednako važni.

Svetlana Milanović, stručna saradnica - psiholog iz Udruženja *Dajte nam šansu*



Lokacija: Kanton Sarajevo
Ciljna grupa-uzrast djece: djeca 6–14 godina

Location: Canton Sarajevo
Target group-Children's age: between 6 and 14



The evaluation is carried out by the *Older Brother, Older Sister Foundation* and monitors and shows the progress of the children on an individual level, but also the progress of the volunteers in terms of strengthening their skills. It was determined that the expectations were met in the areas of the child's relationship with the volunteer, the children's participation in different educational and cultural events, and the development of the child's perception of themselves. There was no deterioration in the areas of organisation and use of free time and socially desirable behaviours.

Although the *Competence Centre for Addiction Prevention* provides two-thirds of the funds necessary for the implementation of the programme, partnerships with the cultural and private sectors were improved, and support was provided through free entry and free meals for certain activities. In particular, we would like to mention the *Museum of Wartime Childhood*, the *National Museum*, and the *Youth Theatre*.

The Older Brother, Older Sister programme is important to me because it allows me to be a safe and warm presence in a child's life. Through our association, we build trust, a sense of belonging, and a space where the child can feel accepted and visible. For me as a volunteer, this programme represents personal growth and a reminder of how small, consistent acts can have great significance. As a benefit of the programme, I see mutual value, where the child receives stable support, and I gain experience that enriches me and strengthens my sense of responsibility and empathy.

Fatima Ahatović, A Volunteer (26)

The Older Brother, Older Sister programme is important for our children because it provides them with a place where they are in focus, which they sometimes do not have because of growing up with a brother or sister with disabilities. Through the relationship with the volunteer, they got the opportunity for carefree companionship, emotional support, and self-confidence development, along with the experience that their needs, interests, and feelings are equally important.

Svetlana Milanović, An Expert Associate-Psychologist from the Association "Dajte nam šansu"



Boombar

Boombar-bezalkoholni koktel bar. Prevencija rizičnih ponašanja i osnaživanje mladih kroz obuku i razvoj kritičkog mišljenja.

Zašto ovaj program?

Boombar je preventivni program koji na kreativan način uključuje srednjoškolce, jača otpornost mladih na rizična ponašanja i osnažuje ih da donose zdrave, odgovorne životne odluke.





Boombar

Boombar is an alcohol-free cocktail bar. Prevention of risky behaviours and empowerment of youth through training and development of critical thinking.

The purpose of this Programme

Boombar is a prevention programme that creatively engages secondary school students, strengthens young people's resilience to risky behaviours, and empowers them to make healthy, responsible life decisions.

Iako je tokom 2025. godine program *Boombar* pretrpio promjene u sastavu tima, nije imao zastoje u realizaciji. Na poziv za volontiranje prijavilo se 45 srednjoškolaca, uvodnoj obuci prisustvovala su 23 odabrana volontera/ volonterke, a ciklus je uspješno završilo 13 volontera (4 mladića i 9 djevojaka) koji su unaprijedili svoja znanja o prevenciji ovisnosti, komunikacijske vještine i samopouzdanje. Održano je 20 radionica sa volonterkama i volonterima te sedam dodatnih susreta za razvoj životnih vještina. Evaluacije provođenja obuke i samog programa koriste se za unapređenje obuke te volonteri iskazuju zadovoljstvo i ovim segmentom programa.

Na četiri gostovanja s mobilnim barom, volonteri su promovisali bezalkoholne koktele kao zdravije alternative za osvježenje te pripremili i poslužili preko 500 koktela. Dva gostovanja su realizovana za eksterne partnere (Udruženje Srce za bližnje i Grad Sarajevo), a dva u okviru aktivnosti Stručnog centra za prevenciju ovisnosti. Mladi su bili uključeni i u pet volonterskih inicijativa u zajednici, uključujući pomoć porodicama u potrebi i akcije međugeneracijske solidarnosti.

Kao podrška obuci volonterki i volontera i realizaciji programa *Boombar*, izrađeni su Priručnik životnih vještina, Procedure za rad mobilnog bara i različiti promotivni materijali. Projekat je pokazao snažan potencijal za

nastavak, a u narednom periodu će biti integrisan u širi program rada sa srednjoškolcima u aktivnostima slobodnog vremena.

Naučio sam mnogo o ovisnostima i prevenciji i to nisam naučio na nekom dosadnom predavanju već kroz razne interesantne radionice. Mislim da, za razliku na ono što sam mislio da će projekat biti, ispostavilo se kao poučno i zabavno iskustvo.

Adem Orman, volonter (17)

Boombar aktivnosti su mi donijele mnogo više nego što sam očekivala. Osim što sam se zabavila i opustila, naučila sam kako da biram zdravije načine osvježenja i kako bolje brinuti o sebi. Kroz razgovore i iskustva drugih postala sam svjesnija koliko je važno učiti, a i pričati o ovisnostima i raditi na njihovoj prevenciji. Najvažnije od svega, bolje sam upoznala sebe, svoje granice, snage i slabosti, i upoznala divne ljude.

Lejla Dževlan, volonterka (18)

Lokacija: Kanton Sarajevo

Ciljna grupa: djeca 15-18 godina

Location: Sarajevo Canton

Target group: children aged 15-18 years



Although in 2025, the *Boombar* project underwent changes in its team, there were no delays in its implementation. To our call for volunteering, 45 secondary school students applied, 23 selected volunteers attended the introductory training, and 13 volunteers (4 boys and 9 girls) completed the cycle, improving their knowledge of addiction prevention, communication skills, and self-confidence. There were 20 workshops with volunteers and seven additional meetings for the development of life skills. Evaluations of the training implementation and the programme itself are used to improve the training, and volunteers expressed their satisfaction with this segment of the programme as well.

At four public appearances with a mobile bar, volunteers promoted non-alcoholic cocktails as healthier alternatives for refreshment and prepared and served over 500 cocktails. Two visits were made for external partners (the *Association Heart for Neighbours* and the City of Sarajevo), and two as part of the activities of the Competence Centre for Addiction Prevention. The young people were also involved in five volunteer initiatives in the community, including helping families in need and intergenerational solidarity activities.

As a support for the training of volunteers and the implementation of the *Boombar* programme, a Life Skills Manual, Procedures for the operation of the mobile bar, and various promotional materials were created. The project showed strong potential for continuation, and in the future period, it will be integrated into a broader programme of working with secondary school students in leisure activities.

I learned a lot about addictions and prevention, and I didn't learn it in a boring lecture but through various interesting workshops. I think that, unlike what I thought the project would be, it turned out to be an educational and fun experience.

Adem Orman, A volunteer (17)

Boombar activities brought me much more than I expected. Apart from having fun and relaxing, I learned how to choose healthier ways of refreshment and how to take better care of myself. Through the conversations and experiences of others, I became more aware of how important it is to learn and talk about addictions and work on their prevention. Most importantly, I got to know myself better, my limits, strengths, and weaknesses, and met wonderful people.

Lejla Dževljan, A volunteer (18)

Preventeen

Program prevencije ovisnosti usmjeren na osposobljavanje osoba koje rade s djecom i mladima u slobodnom vremenu za provođenje aktivnosti učinkovite prevencije, s ciljem stvaranja kvalitetnijeg, sigurnijeg i zdravijeg okruženja za njihov rast i razvoj

Uz podršku Federalnog ministarstva obrazovanja i nauke, 14 predstavnika i predstavnica iz 13 organizacija i institucija učestvovalo je u treningu u okviru programa Preventeen tokom kojeg su osvijestili svoju ulogu uzora u radu s mladima. Potpisani su memorandumi o saradnji s osam organizacija/ustanova. Na osnovu analize internih dokumenata na kojima počiva rad organizacija, te u skladu s dostupnim naučnim relevantnim informacijama, započet je proces izrade lokalnih standarda za prevenciju ovisnosti u slobodnom vremenu mladih, koji će predstavljati temelj za unapređenje rada u ovoj oblasti.

Ukupno 26 mladih razvilo je svijest o vlastitoj ulozi u zajednici i aktivno se uključilo u promociju zdravlja među vršnjacima i u široj javnosti. Na ovaj način unaprijeđene su njihove ključne kompetencije i spremnost za aktivan društveni angažman. U okviru 227 istraživačko-kreativnih zadataka tokom City Rally ak-

tivnosti u Goraždu, Livnu, Mostaru, Sarajevu, Tuzli i Zenici, obuhvativši 203 osobe, predstavljeni su pozitivni potencijali Federacije BiH koji doprinose zdravom razvoju, pozitivnoj socijalizaciji i kvalitetnom provođenju slobodnog vremena mladih. Ovi potencijali su dokumentovani i prezentovani na mladima pristupačan, razumljiv i motivirajući način.

Program Preventeen koji je okupio mlade iz različitih gradova Bosne i Hercegovine, donio nam je važnu poruku, a to je da smo mi budućnost koja pokreće promjene na bolje.

Lejla Brkić, volonterka (17)

Program Preventeen jako mi se svidio, sviđa mi se ideja da se povezuju mladi ljudi iz različitih gradova Bosne i Hercegovine te smatram da u svakoj zajednici, u svakom gradu u Bosni i Hercegovini, postoje problemi koji bi se mogli riješiti ovakvim programima i edukacijama, a pogotovo uključujući mlade ljude u rad u zajednici i volontiranje.

Ilijan Berić, volonter (17)



Preventeen

An addiction prevention programme aimed at training people who work with children and youth in their free time to carry out effective prevention activities, to create a better, safer, and healthier environment for their growth and development.

With the support of the *Federal Ministry of Education and Science*, 14 representatives from 13 organisations and institutions participated in training within the *Preventeen* programme. During this programme, they became aware of their role as role models in working with young people. Memorandums of cooperation were signed with eight organisations/institutions. Based on the analysis of internal documents on which the work of the organisations is based, and in accordance with relevant scientific information available, the process of developing local standards for the prevention of addiction in youth leisure time has begun, which will represent the foundation for improving work in this area.

A total of 26 young people developed awareness of their own role in the community and actively engaged in health promotion among their peers and the general public. This way, they improved their key competencies and readiness for active social engagement. Within the



framework of 227 research and creative tasks during the *City Rally* activities in Goražde, Livno, Mostar, Sarajevo, Tuzla and Zenica, involving 203 people, the positive potentials of the Federation of Bosnia and Herzegovina were presented, which contribute to healthy development, positive socialisation, and quality spending of youth's free time. These potentials are documented and presented in an accessible, understandable, and motivating way for the young.

The Preventeen programme, which gathered young people from different cities of Bosnia and Herzegovina, brought us an important message, which is that we are the future that initiates changes for the better.

Lejla Brkić, A volunteer (17)

I really liked the Preventeen programme. I like the idea of connecting young people from different cities of Bosnia and Herzegovina, and I believe that in every community, in every city of Bosnia and Herzegovina, there are problems that could be solved with such programmes and education, especially involving young people in community work and volunteering.

Ilijan Berić, A volunteer (17)





Lokacija
Location

Goražde, Livno, Mostar,
Sarajevo, Tuzla, Zenica

13

Broj uključenih
organizacije/institucije

Target groups -
organizations/institutions

14

Stručni saradnici uključeni
u program

Target
groups - adults

26

Mladi uključeni u
program

Target
groups - youth

4

Broj memoranduma
o saradnji

Memorandums
of cooperation

227

Broj istraživačko-kreativnih
zadataka (City Rally)

Research and creative
tasks (City Rally)

203

Broj osoba obuhvaćenih u
City Rally aktivnostima

Persons involved in City
Rally activities

Zdravo radno okruženje za sve

Politike i intervencije u radnom okruženju usmjerene na promjenu ličnih, socijalnih i drugih faktora koji utiču na vjerovatnoću pojave ovisnosti.

Zašto ovaj program?

Odrasli na radnom mjestu obično provode značajnu količinu vremena, omjer zadovoljavajućeg i ispunjavajućeg iskustva, u odnosu na ono stresno ili ugrožavajuće, može značajno uticati na zdravlje i dobrobit zaposlenika, a time i na njihovu podložnost upotrebi sredstava ovisnosti.

Healthy Working Environment for All

Policies and interventions in the work environment are aimed at changing personal, social, and other factors that influence the likelihood of addiction.

The purpose of this Programme

Adults usually spend a significant amount of time in the workplace, and the ratio of satisfying and fulfilling experiences as opposed to stressful or threatening ones can significantly affect the health and well-being of employees, and thus their susceptibility to substance use.



Program *Zdravo radno okruženje za sve* je tokom 2025. godine bio usmjeren na nastavak promocije programa značaja rada na unapređenju zdravlja zaposlenika i prevencije ovisnosti u radnom okruženju u Federaciji BiH. U partnerstvu sa *Zavodom za javno zdravstvo FBiH* organizovane su dvije prezentacije i obuke u Kantonu Sarajevo, uz učešće 32 rukovodioca i predstavnika odjela za ljudske resurse iz različitih ustanova i preduzeća. Održan je i Okrugli sto „Unapređenje zdravlja uposlenika u radnom okruženju“ sa 40 učesnika iz javnog, privatnog i nevladinog sektora na kojem su kreirani zaključci i preporuke koje su dostavljene svim učesnicima. Između ostalog, učesnici su istakli da je:

- potrebno osigurati usklađen i približno ujednačen sistemski pristup prevenciji i očuvanju i unapređenju zdravlja uposlenika u ustanovama, institucijama, organizacijama;
- potreban razvoj podzakonskih i internih propisa koji će procedure učiniti jasnim i predvidivim i olakšati poslodavcima i uposlenicima postupanje;
- potrebna koordinacija, obuke i podrška poslodavcima i uposlenicima;
- potrebno osigurati učestalije razmjene iskustava, znanja i rezultata rada i istraživanja između različitih učesnika u ovoj oblasti.

Tokom godine jedna kompanija s više od 2.500 zaposlenih iskazala je konkretan interes za jednogodišnju implementaciju programa.

Program je dodatno promovisan kroz mini kampanju „Zajedno za zdravo radno okruženje-Profesionalnost nema promila. Imaš odgovor(nost)“, koja je trajala 5 sedmica i ostvarila doseg od 56.495 osoba na Facebooku i Instagramu. Poruke kampanje za podizanje svijesti o značaju prevencije ovisnosti na radnom mjestu bile su usmjerene ka radno sposobnom stanovništvu i specifičnim profesijama (liječari, učitelji, vozači, policajci, vatrogasci). Kampanja je dodatno emitovana i na LCD ekranima u 44 doma zdravlja širom FBiH. Medijski je program praćen kroz 5 TV kuća tokom prezentacija i 2 TV kuće i novinske agencije tokom okruglog stola. Planirano je širenje programa i na druge dijelove Bosne i Hercegovine te su u tom smislu učinjeni i prvi koraci tokom 2025.

Lokacija: Federacija Bosne i Hercegovine

Location: Federation of Bosnia and Herzegovina

2

Broj prezentacija i obuka (KS)

Presentations and trainings (Sarajevo Canton)

32

Broj učesnika prezentacija i obuka (rukovodioci & HR)

Presentation/training participants (managers and HR)

40

Okrugli sto – broj učesnika

Roundtable – participants

56495

Doseg kampanje – Facebook i Instagram

Campaign reach – Facebook and Instagram

44 DZ

Doseg kampanje – LCD ekrani u domovima zdravlja

Campaign reach – LCD screens in community health centres

The *Healthy Working Environment for All* programme in 2025 aimed to the continuation of the promotion of work on improving employee health and preventing addiction in the work environment in the Federation of Bosnia and Herzegovina. In partnership with the *Institute of Public Health of the Federation of Bosnia and Herzegovina*, two presentations and training sessions were organised in the Sarajevo Canton, with the participation of 32 managers and representatives of HR departments from various institutions and companies. A roundtable discussion, *"Improving the Health of Employees in the Work Environment"* was also held with 40 participants from the public, private, and non-governmental sectors, at which conclusions and recommendations were created and delivered to all participants.

Among other things, the participants pointed out that:

- It is necessary to ensure a coordinated and approximately uniform systemic approach to prevention and preservation, and improvement of the health of employees in institutions and organisations;
- The development of bylaws and internal regulations is necessary to make procedures clear and predictable, and make it easier for employers and employees to act;
- Necessary coordination, training, and support for employers and employees;
- It is necessary to ensure more frequent exchange of experiences, knowledge, and results of work and research between different participants in this area.

During the year, one company with more than 2,500 employees expressed specific interest in a one-year implementation of the programme.

The programme was additionally promoted through the mini-campaign *"Together for a healthy working environment - Professionalism means zero promises. You have the response(bility)"*, which lasted 5 weeks and reached 56,495 people on Facebook and Instagram. Campaign messages to raise awareness about the importance of addiction prevention in the workplace were directed at the working-age population and specific professions (doctors, teachers, drivers, police officers, firefighters). The campaign was additionally broadcast on LCD screens in 44 community health centres throughout the Federation of Bosnia and Herzegovina. The media programme was broadcast by five TV stations during the presentations and by two TV stations and news agencies during the roundtable. A further expansion of this programme to other parts of Bosnia and Herzegovina is planned, and the first steps in this direction were taken during 2025.

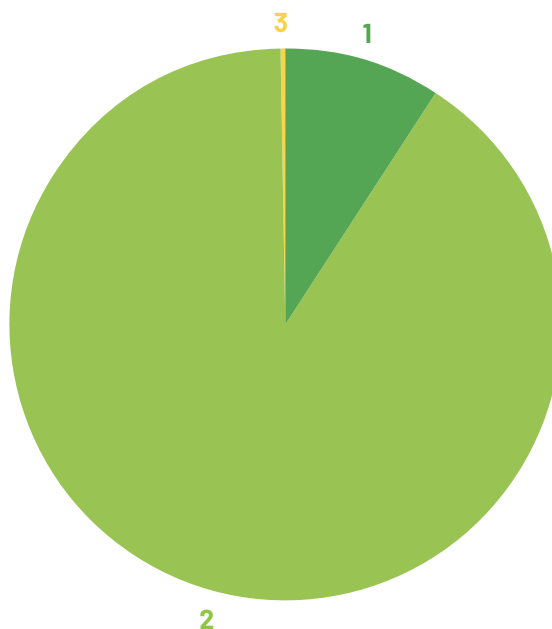


Finansijski izvještaj za 2025. godinu

Bilans uspjeha

1. Prihodi iz budžeta	68.617,00 KM
2. Humanitarni prihodi	666.327,00 KM
3. Ostali prihodi	1.282,00 KM
Ukupni prihodi	736.226,00 KM

PRIHODI / INCOME



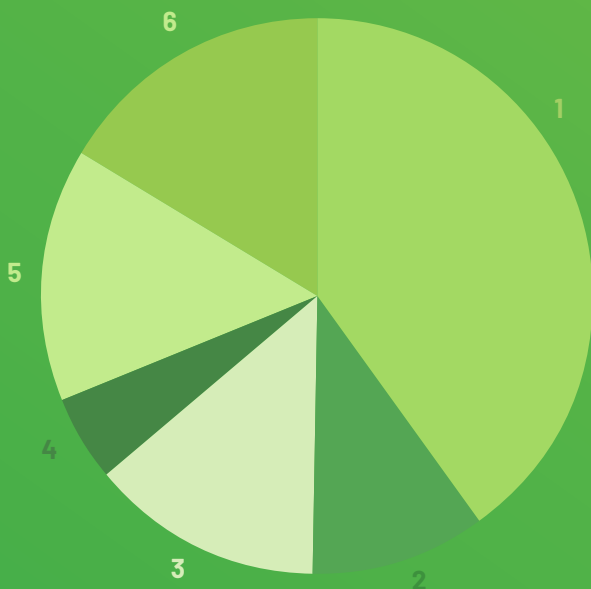
Rashodi

Direktni troškovi programa

1. Stručni centar i razvojne inicijative	295.197,00 KM
2. Mikrookruženje porodica	75.286,00 KM
3. Mikrookruženje škola	100.004,00 KM
4. Mikrookruženje radno mjesto	37.581,00 KM
5. Makrookruženje lokalna zajednica	108.418,00 KM
6. Makrookruženje životna sredina i mediji	118.458,00 KM
Ukupni direktni troškovi	734.944,00 KM

Financial Report for 2025

RASHODI / EXPENSES



Income Statement

1. Budget revenue	68,617.00 BAM
2. Humanitarian income	666,327.00 BAM
3. Other income	1,282.00 BAM
Total income	736,226.00 BAM

Expenses in 2025

Direct expenses of the programme

1. Competence centre and development initiatives	295,197.00 BAM
2. Micro-setting Family	75,286.00 BAM
3. Micro-setting School	100,004.00 BAM
4. Micro-setting Workplace	37,581.00 BAM
5. Macro-setting Local Community	108,418.00 BAM
6. Macro-setting Environment and Media	118,458.00 BAM
Total expenses	734,944.00 BAM

Makrookruženje

Preventivne intervencije u širem okruženju imaju za cilj ograničiti mogućnost izloženosti nezdravim i rizičnim ponašanjima te promovisati zdravije izbore, mijenjati regulatorne okvire koji određuju dopuštena ponašanja, fizičko okruženje u kojem se donose odluke i javljaju ponašanja

Održane su tri obuke iz *Evropskog preventijskog kurikulumu (EUPC)* koje su vodili certificirani nacionalni treneri/trenerice u skladu s aktuelnom verzijom priručnika. Ovom obukom 72 profesionalca stekli su uvid i unaprijedili razumijevanje aktuelnih trendova u naučno zasnovanoj prevenciji ovisnosti te podigli spremnost da zagovaraju za preventivne programe u svojoj lokalnoj zajednici.

30. 12. 2025. godine, Dom naroda Parlamenta Federacije BiH usvojio je *Strategiju za prevenciju ovisnosti u Federaciji Bosne i Hercegovine 2025–2035*, čime je ovaj strateški dokument dobio punu parlamentarnu podršku. Usvajanjem Strategije stvoren je dugoročni okvir djelovanja za narednih deset godina, koji omogućava zajedničko planiranje mjera, programa i budžetskih prioriteta u oblasti prevencije ovisnosti na nivou Federacije BiH te potvrđuje opredjeljenje federalnih institucija za aktivan i odgovoran pristup u borbi protiv svih oblika ovisnosti i predstavlja ključnu investiciju u zdravlje, sigurnost i otpornost budućnost mladih generacija.

U izradu Strategije bila su uključena relevantna ministarstva-federalna ministarstva obrazovanja i znanosti, pravde, zdravstva, rada i socijalne politike, unutarnjih poslova te kulture i sporta, što je osiguralo sveobuhvatan, međuresorni pristup u planiranju prevencije ovisnosti. Posebno važnu ulogu imao je Stručni centar za prevenciju ovisnosti svojom stručnom ekspertizom i tehničkom podrškom, a koji će i u fazi implementacije imati savjetodavnu ulogu u praćenju, analizi i vrednovanju provođenja planiranih mjera i aktivnosti.

Dio tima *Stručnog centra za prevenciju ovisnosti*, aktivno je učestvovao na 16. konferenciji *Evropskog društva za preventijska istraživanja (EUSPR)*, uz preko 350 učesnika iz cijelog svijeta, održanoj u Berlinu od 24. do 26. septembra 2025. prezentirajući rezultate svoga rada i epidemiološkog istraživanja provedenog u Bosni i Hercegovini. Tema konferencije bila je „Kontinuum prevencije: implikacije za istraživanje i praksu“, a za cilj je imala povezivanje istraživanja s praktičnim potrebama stručnjaka, kreatora politika i javnosti, te jačanje veza između obrazovanja, nauke i prakse. Poseban naglasak stavljen je na interdisciplinarnu saradnju između medicinskih, društvenih, političkih i humanističkih nauka.

Tokom godine su održani monitoring susreti i provedene evaluacije svih održanih treninga i dijela provedenih programa čime smo pratili i utvrdili njihovu učinkovitost i prilagodili provođenje prepoznatim potrebama. Efekte programa prepoznali su kako volonteri i djeca tako i članovi njihovih porodica i profesionalci koji rade sa djecom, a prvenstveno su zadovoljni unapređenjem znanja o ovisnostima, zaštitnim faktorima, rizicima ali i razvojem komunikacijskih vještina, samopoštovanja i odnosa prema okolini.

Dogovorena je saradnja u epidemiološkim i etiološkim istraživanjima u oblasti ovisnosti i prevencije ovisnosti koja nedostaju Bosni i Hercegovini i procesima evaluacije postojećih preventivnih programa s predstavnicima fakulteta Univerziteta u Sarajevu, Tuzli, Banjoj Luci i Sveučilišta u Mostaru.

Macro-setting

Preventive interventions in the wide area aim to limit the possibility of exposure to unhealthy and risky behaviours and promote healthier choices, change the regulatory frameworks that determine permissible behaviours, the physical setting in which decisions are made, and behaviours occur

There were three training sessions on the *European Prevention Curriculum (EUPC)*, led by certified national trainers in accordance with the current version of the manual. Through this training, 72 professionals gained insight and improved their understanding of current trends in science-based addiction prevention, and increased their willingness to advocate for prevention programmes in their local community.

On 30 December 2025, the House of Peoples of the Parliament of the Federation of Bosnia and Herzegovina adopted the *Strategy for the Prevention of Addiction in the Federation of Bosnia and Herzegovina 2025–2035*, thus giving this strategic document full parliamentary support. The adoption of the Strategy has created a long-term framework for action for the next ten years, which enables joint planning of measures, programmes and budgetary priorities in the field of addiction prevention at the level of the Federation of Bosnia and Herzegovina and confirms the commitment of federal institutions to an active and responsible approach in the fight against all forms of addiction, and represents a key investment in a healthier, safer and more resilient future for young generations.

The relevant ministries – federal ministries of education and science, justice, health, labour and social policy, internal affairs, and culture and sports – were involved in the development of the Strategy, which ensured a comprehensive, interdepartmental approach to planning addiction prevention. The *Competence Centre for Addiction Prevention* played a particularly important role with its professional expertise and technical support, which will also have an advisory role in monitoring, analysing, and evaluating the implementation of scheduled measures and activities during the implementation phase.

Part of the team of the *Competence Centre for Addiction Prevention* actively participated in the 16th conference of the *European Society for Prevention Research (EUSPR)*, with over 350 participants from all over the world, held in Berlin from 24 to 26 September 2025, presenting the results of their work and epidemiological research conducted in Bosnia and Herzegovina. The topic of the conference was “*The Prevention Continuum: Implications for Research and Practice*”, and aimed to connect research with the practical needs of experts, policymakers, and the public, and to strengthen the links between education, science, and practice. Special emphasis was placed on interdisciplinary cooperation between medical, social, political, and humanities.

During the year, monitoring meetings were held, and evaluations of all training sessions and part of the implemented programmes were conducted. Through this, we monitored and determined their effectiveness and adjusted the implementation to the identified needs. The effects of the programme were recognized by both volunteers and children, as well as their family members and professionals who work with children, and they were primarily satisfied with the improvement of knowledge about addictions, protective factors, risks, but also the development of communication skills, self-esteem, and relationships with the environment.

Cooperation in epidemiological and etiological research in the field of addiction and addiction prevention, which is lacking in Bosnia and Herzegovina, and evaluation processes of existing prevention programmes with representatives of the faculties of the University of Sarajevo, Tuzla, Banja Luka, and the University of Mostar was agreed.

Strateški pravci djelovanja u 2026. godini

Naučno zasnovana prevencija ovisnosti u Bosni i Hercegovini dobija sve snažniji institucionalni i stručni značaj. Tokom 2026. godini poseban naglasak ćemo staviti na dalju standardizaciju, osiguranje kvalitete i sistemsko unapređenje preventivnih programa i intervencija. Naše djelovanje će biti usklađeno s dva ključna strateška dokumenta: Petogodišnjom strategijom djelovanja Stručnog centra te desetogodišnjom *Strategijom prevencije ovisnosti Federacije BiH*. Oba dokumenta imaju za cilj izgradnju koherentnog i održivog sistema prevencije koji omogućava obuhvat većeg broja djece, mladih i odraslih kroz učinkovite, evaluirane intervencije.

Dokazano djelotvorne programe u školskom okruženju i u radu s porodicama nastaviti ćemo širiti u zajednice koje do sada nisu bile obuhvaćene našim aktivnostima. Paralelno ćemo investirati u razvoj inovativnih pristupa radu s mladima u slobodnom vremenu, s posebnim fokusom na jačanje zaštitnih faktora i smanjenje rizičnih ponašanja. Lokalnim donosiocima odluka pružat ćemo stručnu podršku u uspostavi mehanizama i politika usmjerenih na promociju zdravlja, sigurnosti i dobrobiti djece i mladih.

U saradnji s partnerima iz javnog sektora provodit ćemo prezentacije i obuke usmjerene na jačanje prevencije na radnom mjestu. Istovremeno ćemo, u partnerstvu s naučnim institutima i visokoškolskim ustanovama, raditi na provođenju epidemioloških i etioloških istraživanja, kao i na sistematskoj evaluaciji preventivnih programa, čime dodatno osiguravamo naučnu utemeljenost i održivost intervencija.

Edukacije o *Evropskom preventivskom kurikulumu* provodit će se ciljano s relevantnim institucijama iz sektora obrazovanja, zdravstva, socijalne zaštite i sigurnosti, dok će medijske kampanje biti usmjerene na senzibilizaciju donosioca odluka o važnosti ulaganja u dokazano učinkovitu prevenciju.

Vrhunac aktivnosti u 2026. godini predstavlja zajednička organizacija prve regionalne konferencije posvećene izgradnji temelja preventivske nauke (juni, Zagreb), u saradnji sa *Edukacijsko-rehabilitacijskim fakultetom (ERF) Sveučilišta u Zagrebu* i *Hrvatskim zavodom za javno zdravstvo*, čime dodatno jačamo regionalnu saradnju i pozicioniranje prevencije kao naučne discipline u jugoistočnoj Evropi.



Strategic directions of acting in 2026

Science-based addiction prevention in Bosnia and Herzegovina is gaining increasingly strong institutional and professional importance. In 2026, we will place special emphasis on further standardization, quality assurance, and systemic improvement of prevention programmes and interventions. Our actions will be aligned with two key strategic documents: The five-year action strategy of the Competence Centre and the ten-year *Addiction Prevention Strategy of the Federation of Bosnia and Herzegovina*. Both documents aim to build a coherent and sustainable prevention system that enables the coverage of a larger number of children, youth, and adults through effective, evaluated interventions.

In working with families and in the school setting, we will continue to expand proven effective programmes to communities that have not been included in our activities so far. In parallel, we will invest in the development of innovative approaches to working with young people in their free time, with a special focus on strengthening protective factors and reducing risky behaviours. We will provide local decision-makers with expert support in establishing mechanisms and policies aimed at promoting the health, safety, and well-being of children and youth.

In cooperation with partners from the public sector, we will conduct presentations and training sessions aimed at strengthening prevention in the workplace. At the same time, in partnership with scientific institutes and higher education institutions, we will work on conducting epidemiological and etiological research, as well as on systematic evaluation of prevention programmes, thereby further ensuring the scientific basis and sustainability of interventions.

Training sessions on the European *Prevention Curriculum* will be conducted in a targeted manner with relevant institutions from the education, health, social protection, and security sectors, while media campaigns will be directed at sensitizing decision-makers about the importance of investing in proven effective prevention.

The highlight of the activities in 2026 is the joint organisation of the first regional conference dedicated to building the foundations of prevention science (June, Zagreb), in cooperation with the *University of Zagreb - Faculty of Education and Rehabilitation* and the *Croatian Institute of Public Health*, thereby further strengthening regional cooperation and the positioning of prevention as a scientific discipline in Southeast Europe.



Ko je podržao naš rad u 2025. godini?

Our supporters in 2025





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